5 Days of
DIYS

C O N T E N T

O 1 SUPPLIES

OWIE ROLLER
SERUM
MASK

O 3 MERMAID HAIR
BATH BOMBS

5 Days of DIYs SUPPLY CHECKLIST

OWIE ROLLER	SERUM
10ml roller bottleCarrier oilEssential oils	20ml dropper bottleCarrier oilEssential oils
Clay Water Essential oils	Witch hazelWaterEssential oils20ml spray bottle
BATH BOMBS	
Citric acid Corn starch Essential oils	Epsom saltsBaking sodaCoconut oil

Get shopping list at Amazon.com/shop/HeavenlyTreasureLiving

DIYS

OWIE ROLLER

ADD 5 DROPS EACH ESSENTIAL OILS:

- COPAIBA
- CEDARWOOD
- FRANKINCENSE
 - LAVENDER

FILL REST OF BOTTLE WITH CARRIER OIL

SERUM

ADD 5 DROPS EACH ESSENTIAL OILS:

- GERMAN CHAMOMILE
 - GERANIUM
 - FRANKINCENSE
 - MANUKA

ADD DESIRED AMOUNT OF ROSE HIP OIL (I ADDED ABOUT A TEASPOON)

FILL REST OF BOTTLE WITH CARRIER OIL (I COMBINED COCONUT AND JOJOBA)

CLAY MASK

THE AMOUNT OF LIQUID WILL DETERMINE TOTAL AMOUNT OF CLAY MIXTURE

ADD WATER TO WOOD/GLASS BOWL

ADD 5 DROPS ESSENTIAL OILS

- COPAIBA
- FRANKINCENSE
- ANY OF YOUR CHOICE

LIGHTLY DUST CLAY POWDER INTO WATER UNTIL CLAY ABSORBS WATER

AVOID METALS OR PLASTIC IN CLAY

DIYS

MERMAID HAIR

ADD 5 DROPS EACH ESSENTIAL OILS:

- ROSEMARY
- CEDARWOOD
- FRANKINCENSE
 - LAVENDER

FILL REST OF BOTTLE WITH HALF WITCH HAZEL, HALF WATER.

BATH BOMBS

COMBINE ALL DRY INGREDIENTS IN A BOWL

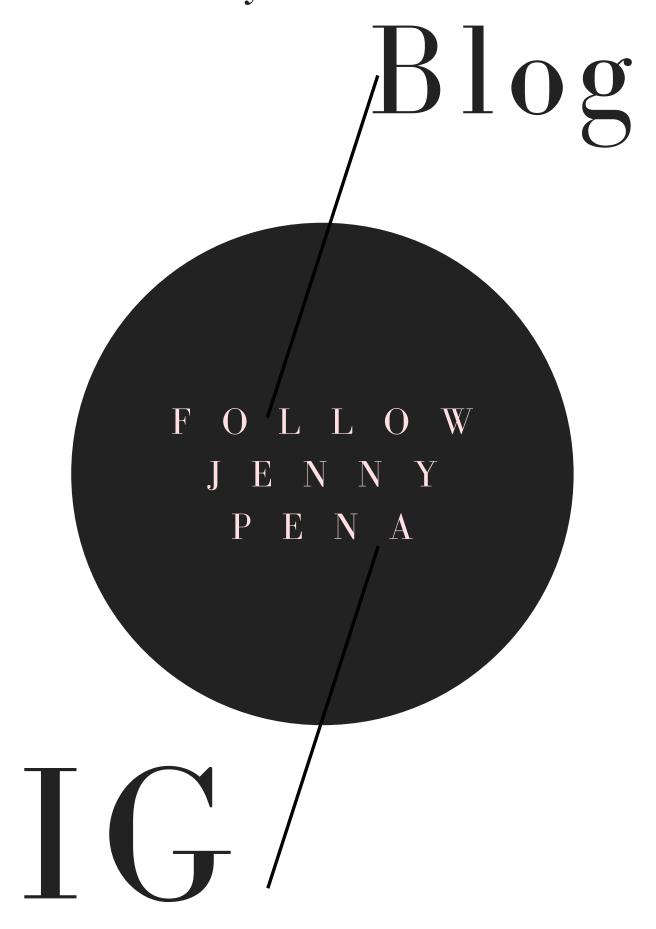
GRADUALLY ADD WET INGREDIENTS WHILE STIRRING WITH A WHISK UNTIL WELL COMBINED

WHEN THE MIXTURE IS WET ENOUGH TO STICK TOGETHER IN CLUMPS, PRESS MIXTURE FIRMYLY INTO MOLDS.

- 1/2 CUP BAKING SODA
- 1/4 CUP CORN STARCH
- 1/4 CUP EPSOM SALT
- 3-4 TSP COCONUT OIL
 - 1-2 TSP WATER

15-25 DROPS OF ESSENTIAL OILS
-FEW DROPS OF FOOD COLORING OPTIONAL

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